2. The method of claim 1 wherein the first protocol is hypertext transfer protocol (HTTP).

3. The method of claim 1 wherein the second protocol is short message service (SMS).

4. The method of claim 1 wherein the second protocol is multimedia message service.

5. The method of claim 1 wherein the second protocol is wireless application protocol (WAP).

6. The method of claim 1 wherein the mobile device is a wireless telephone.

7. The method of claim 6 wherein the wireless telephone is adapted for receiving SMS messages.

8. The method of claim 1 wherein the communications means is a network gateway for converting an HTTP request into one of an SMS message or an MMS message.

9. The method of claim 1 wherein the step of receiving the emergency data from the communications means includes receiving an HTTP request having a plurality of parameters associated therewith.

10. The method of claim 9 wherein the plurality of parameters include a username, a password, a text, a phone number, and a phone port for receiving an SMS message.

11. The method of claim 1 further comprising the step of transmitting the emergency data from the communications means to the mobile device, including the step of transmitting more than one message to the mobile device, the first of which including data indicating the total number of messages being sent thereto.

12. The method of claim 1 wherein the emergency data for the individual is parsed into a set of fields.

13. The method of claim 1 further comprising the step of permitting a user to update his or her emergency data through a web user interface.

14. The method of claim 1 further comprising the step of permitting a user to update his or her emergency data through the mobile device.

15. The method of claim 14 wherein the step of permitting a user to update his or her emergency data includes the step of permitting selective access to the database by the user through a networked computer.

16. The method of claim 1 further comprising the step of synchronizing the emergency data on the database with the emergency data on the mobile device through repeated transmissions of the emergency data through the communications means.

17. A system for communicating emergency data including a database containing emergency data for at least one individual, the database connectable to a network and further adapted for communication with a communications means according to a first protocol, the system comprising:

a mobile device adapted for communication with the communications means, the mobile device further adapted for receiving emergency data from the communications means according to a second protocol, the second protocol distinct from the first protocol; and

at least a second mobile device adapted for communication with the communications means, the mobile device further adapted for receiving emergency data from the communications means according to the second protocol, the second protocol distinct from the first protocol.

18. The system of claim 17 wherein the second protocol is a short message service (SMS) protocol.

19. The system of claim 17 wherein the second protocol is a multimedia message service (MMS) protocol.

20. The system of claim 17 wherein the second protocol is a wireless application protocol (WAP).

21. The system of claim 17 wherein the mobile device is a wireless telephone.

22. The system of claim 17 wherein the at least a second mobile device is a wireless telephone.

23. The system of claim 17 wherein the emergency data is contained within a communication directed to the mobile device from the communications means.

24. The system of claim 17 wherein the communication is delivered in a series including a first message and one or more subsequent messages, the first message containing information relating to the total number of messages within the series.

25. The system of claim 17 wherein the emergency data is parsed into a series of fields.

26. The system of claim 17 wherein the mobile device comprises display means for displaying the emergency data to a user.

27. The system of claim 17 wherein the mobile device comprises inputting means for permitting a user to update the emergency data.

28. The system of claim 17 wherein the first mobile device further comprises means for determining the location of the first mobile device and determining a language for displaying the emergency data in response thereto.

29. The system of claim 17 further comprising means for reminding a user to update his or her emergency data.

30. The system of claim 29 wherein the means for reminding a user further includes means for contacting an emergency contact specified by the user in response to a user's failure to communicate with the system.

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